



Treating the Spectrum of Mood Disorders: Depression, Anxiety + PTSD Resources

Grapefruit + Medication Interactions

Grapefruit–medication interactions: Forbidden fruit or avoidable consequences? <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3589309/>

Medications that interact with grapefruit and likely CBD from above reference:
<http://www.cmaj.ca/content/suppl/2012/11/26/cmaj.120951.DC1/grape-bailey-1-at.pdf>

Depression

Double-Blind Fluoxetine Trial in Comorbid MDD-CUD Youth and Young Adults
<https://www.ncbi.nlm.nih.gov/pubmed/20576364>

Cannabinoid receptor 1 (CNR1) gene: impact on antidepressant treatment response and emotion processing in major depression <https://www.ncbi.nlm.nih.gov/pubmed/18579347>

High Times for Painful Blues: The Endocannabinoid System in Pain-Depression Comorbidity
<https://www.ncbi.nlm.nih.gov/pubmed/26342110>

Circulating Endocannabinoids and N-Acyl Ethanolamines Are Differentially Regulated in Major Depression and Following Exposure to Social Stress
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2716432/>

Do withdrawal-like symptoms mediate increased marijuana smoking in individuals treated with venlafaxine-XR? <https://www.ncbi.nlm.nih.gov/pubmed/25283697>

Acute and chronic effects of cannabinoids on effort-related decision-making and reward learning: an evaluation of the cannabis “amotivational” hypotheses
<https://www.ncbi.nlm.nih.gov/pubmed/27585792>

A Randomized Double-blind, Placebo Controlled Trial of Venlafaxine-Extended Release for Co-occurring Cannabis Dependence and Depressive Disorders <https://www.ncbi.nlm.nih.gov/pubmed/23297841>

Genetic variability in the endocannabinoid system and 12-week clinical response to citalopram treatment: the role of the CNR1, CNR2 and FAAH genes
<https://www.ncbi.nlm.nih.gov/pubmed/22826533>

Cannabidiol Attenuates the Appetitive Effects of Δ_9 -Tetrahydrocannabinol in Humans Smoking Their Chosen Cannabis <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2906701/>

Investigation of CNR1 and FAAH endocannabinoid gene polymorphisms in bipolar disorder and major depression <https://www.ncbi.nlm.nih.gov/pubmed/20080186>



Brain Neuronal CB2 Cannabinoid Receptors in Drug Abuse and Depression: From Mice to Human Subjects <https://www.ncbi.nlm.nih.gov/pubmed/18286196>

2015 National Survey on Drug Use and Health:
<https://www.samhsa.gov/samhsa-data-outcomes-quality/major-data-collections/reports-detailed-tables-2015-NSDUH>

Anxiety

Cannabidiol Reduces the Anxiety Induced by Simulated Public Speaking in Treatment-Naïve Social Phobia Patients <https://www.ncbi.nlm.nih.gov/pubmed/21307846>

Motion sickness, stress and the endocannabinoid system
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2873996/>

Neural basis of anxiolytic effects of cannabidiol (CBD) in generalized social anxiety disorder: a preliminary report <https://www.ncbi.nlm.nih.gov/pubmed/20829306>

Cannabidiol interferes with the effects of delta 9 - tetrahydrocannabinol in man
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3055598/>

Acute effects of a single, oral dose of d9-tetrahydrocannabinol (THC) and cannabidiol (CBD) administration in healthy volunteers <https://www.ncbi.nlm.nih.gov/pubmed/22716148>

The endocannabinoid system: emotion, learning and addiction
<https://www.ncbi.nlm.nih.gov/pubmed/18422832>

Caffeine protects against memory loss induced by high and non-anxiolytic dose of cannabidiol in adult zebrafish (Danio rerio) <https://www.ncbi.nlm.nih.gov/pubmed/26099242>

Defects in fatty acid amide hydrolase 2 in a male with neurologic and psychiatric symptoms
<https://www.ncbi.nlm.nih.gov/pubmed/25885783>

Effects of ipsapirone and cannabidiol on human experimental anxiety
<https://www.ncbi.nlm.nih.gov/pubmed/22290374>

PTSD

Cannabinoid hyperemesis: cyclical hyperemesis in association with chronic cannabis abuse
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2886568/>

Use of a Synthetic Cannabinoid in a Correctional Population for Posttraumatic Stress Disorder–Related Insomnia and Nightmares, Chronic Pain, Harm Reduction, and Other Indications: A Retrospective Evaluation <https://www.ncbi.nlm.nih.gov/pubmed/24987795>



Derived Neurotrophic Factor Val66Met Polymorphism Predicts Response to Exposure Therapy in Posttraumatic Stress Disorder <https://www.ncbi.nlm.nih.gov/pubmed/23312562>

Reductions in circulating endocannabinoid levels in individuals with post-traumatic stress disorder following exposure to the World Trade Center attacks <https://www.ncbi.nlm.nih.gov/pubmed/24035186>
The efficacy of nabilone, a synthetic cannabinoid, in the treatment of PTSD-associated nightmares: A preliminary randomized, double-blind, placebo-controlled cross-over design study
<https://www.ncbi.nlm.nih.gov/pubmed/25467221>

The rs1049353 polymorphism in the *CNR1* gene interacts with childhood abuse to predict posttraumatic threat symptoms <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4783167/>

Elevated Brain Cannabinoid CB₁ Receptor Availability in Posttraumatic Stress Disorder: A Positron Emission Tomography Study <https://www.ncbi.nlm.nih.gov/pubmed/23670490>

Cannabinoid Type 1 Receptor Availability in the Amygdala Mediates Threat Processing in Trauma Survivors <https://www.ncbi.nlm.nih.gov/pubmed/24820537>

Preliminary, open-label, pilot study of add-on oral Δ9-tetrahydrocannabinol in chronic post-traumatic stress disorder <https://www.ncbi.nlm.nih.gov/pubmed/24935052>

Effectiveness of Cannabidiol Oil for Pediatric Anxiety and Insomnia as Part of Posttraumatic Stress Disorder: A Case Report <https://www.ncbi.nlm.nih.gov/pubmed/27768570>

The abuse potential of the synthetic cannabinoid nabilone
<https://www.ncbi.nlm.nih.gov/pubmed/20402993>