



## Dosing Ranges of CBD + THC

Cited therapeutic ranges of CBD and THC are large, underscoring the need to self-titrate during the first two weeks of treatment while tolerance is established.

Symptom	CBD	THC
Episodic pain	2 mg – 100+ mg	2mg – 100 mg
Insomnia	2 mg – 50 mg	Minimal – 30 mg
Anxiety	2 mg – 50 mg	Minimal – 10 mg
Chronic pain	2 mg – 20 mg per kg	2 mg – 100 mg
Seizures	1 mg – 10 mg per kg	Minimal – 25 mg
Nausea/Appetite	Minimal – 25kmg	5 mg – 50 mg
Depression	1 mg – 50 mg	2 mg – 50 mg